

Family Support and Information *Is Just a Click Away!*

Make important connections to others who have a loved one with a serious emotional disorder or mental illness who:

- Understand the challenges you face and the opportunities ahead
- Feel the same way you do
- Have had the same experiences
- Will help you learn new coping skills
- Will share their successes and strategies with you

Join our Closed Facebook Page!



Parents and Loved Ones
of Children with Serious Emotional Disorders
can find us at <http://on.fb.me/1MAyMIs>

Family and Friends of Adult Loved Ones
with Mental Illness
can find us at <http://on.fb.me/1Aow8zl>



New Hampshire

85 NORTH STATE STREET • CONCORD, NH 03301 • (603)225-5359 • www.NAMINH.org

These programs are financed under an Agreement with the State of NH, DHHS, Division of Behavioral Health, with funds provided in part or in whole by the State of NH and/or U.S. Department of Health and Human Services.

Find Help, Find Hope

Information and Resource Line

This line is available for callers to leave a confidential message on at any time and we will return your call within 48 business hours.

(Monday through Friday – 9:00am – 5:00pm)

Callers are connected with or can leave a message for one of our trained NAMI NH staff; the appropriate person who can help answer questions and provide specific information on NAMI NH programs and supports. They can also provide contact information for local community and national resources.

Please note: This is *not* a hotline or a crisis service but it *is* a phone line for families and individuals affected by mental illness/emotional disorders.

Family and Community Support

Family and Community Support provides free and confidential, time-limited, one-on-one support and education to individuals and/or families with loved ones of any age with emotional disorders or mental illness. It is *not* counseling or advocacy but it *is* an opportunity to meet with a trained, illness wise family member in a private and confidential place of your choice.

To access either of these services or for more information on any of our other education or support programs, contact our office at 1-800-242-6264 or 603-225-5359 or visit our website at www.NAMINH.org.

improving lives affected by mental illness



NAMI New Hampshire

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